



## May Focus 2020 Caring & Sharing

### COVID-19 UPDATE

Shutting churches has resulted in financial hardship across the Diocese. For the Ascension, it means that we can no longer rely upon the rental fees from our licensees and offerings from our members is down significantly. Trying to pay our clergy & staff, and maintain our building has become a difficult challenge making our financial future precarious. You can donate today by clicking on the blue box, or through the mail or by signing up with PAR. THANK YOU!

[Donate now](#)

### Sonnet for Spring

And who shall say if spring has sprung,  
Chanting an early welcome to  
Ignite the birth of green, of blue?  
Not I, not I! I'm not the one  
Who speaks its silver Elven tongue,  
Incanting purples, reds and golds  
To free our land from snows and cold  
And sings of springs forever sprung.  
Away hibernal garments fling,  
As still the snowflakes flurry down,  
Mock salutations to the bling  
That rids the earth its barren crown.  
Shall we debate what brings our God  
Such celebration, honour, laud?

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### Music to Uplift the Soul

From Jean Bell....

Eric Bibb singing "Needed Time"  
<https://youtu.be/i3pvIhYJRA>

Ernie Haase and Signature Sound singing  
"Gentle Shepherd"  
<https://youtu.be/Co8EusNosMg>

Bill and Gloria Gaither - "I heard the voice  
of Jesus say".  
<https://youtu.be/u0wQCBb5Q9M>

From Joseph Katende

"God on the Mountain" sung by Lynda  
Randle

<https://youtu.be/RCTI4tUYIAG>

Sunday, May 10th  
**Happy Mother's Day**  
May God Bless All the  
Mothers & Women  
Who Cares for Us.

### Holy Days in May

May 1<sup>st</sup> St. Philip and St. James, Apostles  
May 6<sup>th</sup> St. John, Apostle & Evangelist  
May 14<sup>th</sup> St. Matthias the Apostle  
May 31<sup>st</sup> The Visit of the Blessed  
Virgin Mary to Elizabeth

### WORSHIP RESOURCES ON LINE

The Ascension Service is posted  
each Sunday morning and  
available on the website  
<https://ascensiontoronto.ca>  
until the following Saturday.

St. James Cathedral, live  
streamed, Sundays at 11  
a.m [Diocese of Toronto  
Facebook page](#)

Our Daily Bread  
<https://odb.org>

Forward Day by Day  
[prayer.forwardmovement.org](http://prayer.forwardmovement.org)



John David Stanway – May 6  
Josie Gibbs-Kennet – May 10  
Jocette Illsley – May 10  
Mary Shaw – May 13  
David Grant May 18  
Fr. Vernon La Fleur May 18  
Peter Lee May 23  
Julie Cockerill – May 27  
Bob Anderson – May 30

### SOME WISDOM & SMILES...

- 'I am one with the energizing Life (love) of God'.
- Want to hear a roof joke? The first one's on the house!
- What kind of man was Boaz before he married Ruth?  
Absolutely ruthless!
- Peace starts with a smile.
- When you get to your wit's end, you'll find God lives there.
- The sun is up, the birds have riz—  
I wonder where the humans is!
- Funny Prayer about  
Getting Old - Home Instead  
<https://youtu.be/vPFCn3itBFE>

### NEWS ...

- **Bus Trip Grand River Cruise July 9<sup>th</sup> is Cancelled;**
- **ACW No-Bake Sale Fundraiser** – the ACW's annual fundraiser letter will be emailed/mailed by the middle of May. Our goal is \$3000 dollars. We can do it!
- **Café 65's Bi-Monthly Newsletter** – if you would like a copy, please contact Carol Hamilton or the Church;
- **Emails from Fr. Nick:** Several people are not getting his emails if you know of someone who is like that OR would like to be on his email list, please let him know;
- **Church Mail, Emails & Phone Messages,** are monitored each day, & will be responded to asap;
- **Carol Hamilton** is volunteering her office hours from home, please direct questions to her;
- **Help with Groceries:** If you need help getting your groceries, please contact the Church or Carol Hamilton;
- **Maintaining Our Property:** Carol Bell and Janet Tyrell have been raking the lawn and preparing the garden for summer. Jean Bell is keeping the property clean of garbage and checking on doors to help ensure that the Church is secure; Andrew Gledhill is overlooking the ongoing maintenance of our Steam & Hot Water Boilers & other needed repairs; THANK YOU from all of us!
- **Zoom Coffee Hour** – If you would like to be part of a Zoom Coffee Hour, contact the Church or Carol Hamilton. [What is Zoom and how does it work?](#)

### Tuna A La Danielle Bennett

- 2 eggs  
1/3 cup (75 mL) dry bread crumbs  
2 tbsp (30 mL) each finely chopped dill pickles  
and green onion  
1/4 tsp (1 mL) each salt and pepper  
2 cans (170 each) Clover Leaf Flaked White Tuna, drained  
1/2 cup (125 mL) shredded Cheddar cheese  
1 tbsp (15 mL) vegetable oil  
4 slices Cheddar cheese  
4 whole wheat Kaiser or hamburger buns  
Additional dill pickles (optional)  
Lettuce, sliced tomato and red onion (optional)
1. Beat eggs and mix in crumbs, pickles, green onion, salt and pepper. Crumble in the tuna and add the shredded cheese; toss to combine. Form mixture into four equal-sized patties, each about 1/2-in (1 cm) thick.
  2. Chill for 15 minutes.
  3. Heat the oil in a large, non-stick skillet set over medium heat. Add the tuna patties without crowding the pan. Cook for 3 to 5 minutes per side, or until lightly browned. Top each patty with a cheese slice. Cover the pan and remove from the heat. Let stand for 2 minutes or until the cheese is melted.
  4. Transfer patties to buns and top with pickles, lettuce, tomato and onion (if using).
  5. Option: You can also eat your tuna cheeseburger on a bed of your favorite greens.